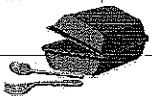
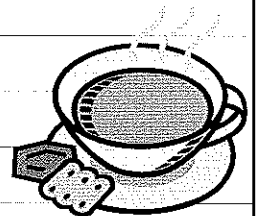


**FEBRUARY 2014****LAC SENIOR LUNCH MENU****MON 3 BAKED CHICKEN LEGS - MASHED POTATOES - GREEN BEANS****TUES 4 Spaghetti - Salad - Garlic Bread****WED 5 SEAFOOD BISQUE - ROLL - SALAD****THUR 6 ROAST BEEF FRENCH DIP ON ROLL - FRIED ONIONS & SWISS****FRI 7 PIGS IN A BLANKET - POTATO SALAD - BAKED BEANS****MON 10 CHICKEN PARM - BAKED POTATO - BROCCOLI****TUES 11 GRILLED HAM & CHEESE & TOMATO SOUP****WED 12 FLOUNDER - MACARONI & CHEESE - STEWED TOMATOES****THUR 13 SUBS - CHIPS****FRI 14 VALENTINE'S DAY - CHICKEN PIE - MASHED POTATOES - PEAS & CARROTS****MON 17 CHICKEN BLT SANDWICH ON RYE - CHIPS****TUES 18 CHILI - CORNBREAD - RICE - SALAD****WED 19 DRY BEEF GRAVY - FRIED POTATOES - PEAS****THUR 20 HAM SALAD ON ROLL - CORN FRITTERS - SALAD****FRI 21 SALISBURY STEAK - MASHED POTATOES - OVEN ROASTED CARROTS****MON 24 CHICKEN TENDERS - BAKED POTATO - GREEN BEANS****TUES 25 CHICKEN NOODLE SOUP - GRILLED CHEESE SANDWICH****WED 26 SCROD - SCALLOP POTATOES - STEWED TOMATOES****THUR 27 BEEF STEW WITH BISCUIT - SALAD****FRI 28 CHICKEN SALAD W/ CELERY ON CROISSANT - CRANBERRY SALAD - CHIPS****LUNCH IS \$4.00 EACH      ADDITIONAL LUNCHES ARE \$ 8.00****CALL 935-8122 BY 10:00 AM FOR TAKE OUTS**

Home Delivery will only be accommodated if there is no one  
in the household that can pickup the take-outs.



**MARCH 2014****LAC SENIOR LUNCH MENU**

<b>MON</b>	<b>3</b>	<b>BAKED CHICKEN BREAST - MASHED POTATOES - GREEN BEANS</b>
<b>TUES</b>	<b>4</b>	<b>SPAGHETTI - SALAD - GARLIC ROLL</b>
<b>WED</b>	<b>5</b>	<b>FISH CHOWDER - GRILLED CHEESE SANDWICH</b>
<b>THUR</b>	<b>6</b>	<b>TURKEY BLT ON RYE - CHIPS</b>
<b>FRI</b>	<b>7</b>	<b>FRENCH DIP ROAST BEEF - FRIED ONIONS - AMERICAN CHEESE - SALAD - CHIPS</b>



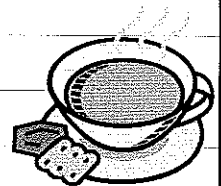
<b>MON</b>	<b>10</b>	<b>VEAL PARM SANDWICH - SALAD - CHIPS</b>
<b>TUES</b>	<b>11</b>	<b>DRY LIMA BEAN SOUP - GRILLED CHEESE SANDWICH</b>
<b>WED</b>	<b>12</b>	<b>BIG MAC BURGER - FRENCH FRIES - COLESLAW</b>
<b>THUR</b>	<b>13</b>	<b>SUBS - CHIPS</b>
<b>FRI</b>	<b>14</b>	<b>VEGETABLE SOUP - HAM &amp; CHEESE ON RYE</b>



<b>MON</b>	<b>17</b>	<b>ST PATTY'S DAY - HAM &amp; CABBAGE - WITH POTATOES</b>
<b>TUES</b>	<b>18</b>	<b>CHICKEN FILET - YAMS - GREEN BEANS</b>
<b>WED</b>	<b>19</b>	<b>FLOUNDER - BAKED POTATO - STEWED TOMATOES</b>
<b>THUR</b>	<b>20</b>	<b>PIZZA - SALAD - CHIPS - CORN</b>
<b>FRI</b>	<b>21</b>	<b>CHEESE STEAK SUB - CHIPS</b>



<b>MON</b>	<b>24</b>	<b>CHICKEN NOODLE SOUP - BLT ON ROLL</b>
<b>TUES</b>	<b>25</b>	<b>HOT DOG ON ROLL - POTATOES SALAD - BAKED BEANS</b>
<b>WED</b>	<b>26</b>	<b>SCROD - SCALLOP POTATOES - BROCCOLI</b>
<b>THUR</b>	<b>27</b>	<b>MEATBALL SANDWICH - CHIPS - SALAD</b>
<b>FRI</b>	<b>28</b>	<b>CHICKEN SALAD WITH CELERY ON CROISSANT - CRANBURY SALAD - CHIPS</b>



<b>MON</b>	<b>31</b>	<b>TOMATO SOUP - OVER HAM &amp; CHEESE ON KAISER ROLL</b>
------------	-----------	---



**LUNCH IS \$4.00 EACH      ADDITIONAL LUNCHES ARE \$ 8.00**  
**CALL 935-8122 BY 10:00 AM FOR TAKE OUTS**

**Home Delivery will only be accommodated if there is no one  
in the household that can pickup the take-outs.**